## ABSTRACT OF THE DISCLOSURE

A thin, flexible, high capacity absorbent pad and a method of making such absorbent pads. The absorbent pad contains high levels of superabsorbent material homogeneously mixed with cellulose pulp fluff. The absorbent pad is subjected to high density compaction to achieve the thinness and high absorbent capacity of the invention. The absorbent pad can be used in absorbent articles, such as diapers, training pants, feminine hygiene products, incontinence products, and swim wear.